



**WESTBROOK  
ACADEMY**  
CHILD CARE AND LEARNING CENTER

**BREAKFAST - LUNCH - SNACK MENU**

**FEBRUARY 2011**

DATE	Week 1 - Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Bagel w/ strawberry creme cheese Banana Milk	Biscuit Sausage gravy Apple juice	Bagel w/ strawberry creme cheese Banana milk	Waffles w/ syrup Apple sauce Milk	Oatmeal Toast w/ btr & jelly Grape juice
LUNCH	Salisbury steak Dinner roll Whipped potatoes w. gravy Apple sauce Milk	Italian meatballs Buttered noodles Green beans Mandarin oranges milk	Sliced turkey w/ gravy Bread w/ butter Corn peaches Milk	Chicken marinara Bread w/ butter Peas pears Milk	Beef ravioli Carrots Pineapple chunks Milk
SNACK	Cheddar Goldfish milk	Choc pudding milk	Honey Graham crackers Apple juice	Go-gurt Grape juice	Oatmeal cookies milk

DATE	Week 2 - Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	English muffin w/ butter & jelly Grapes Milk	Cinnamon roll Apple slices Milk	French toast dippers w/ syrup peaches Milk	Cereal w/ milk Toast w/ butter & jelly Cranberry juice	Mini breakfast quiche -egg, cheese, spinach- Orange juice
LUNCH	Cheese quesadilla Corn Applesauce Milk	Baked cheese macaroni casserole Cauliflower Mandarin oranges milk	Pig 'n a blanket Baked beans peaches milk	Fettuccini alfredo Broccoli pears milk	Fish sticks French fries Pineapple chunks Milk
SNACK	Jell-o/cranberry juice	Vanilla wafers/ apple juice	Cheese stick/ grape juice	Animal crackers /milk	Choc chip cookies /milk

DATE	Week 3 - Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Cereal bar Yogurt Apple juice	Blueberry muffin Apple sauce Milk	Breakfast burrito -egg, cheese, sausage- Grape juice	Scrambled eggs Toast w/ bar & jelly Orange juice	Biscuit Sausage gravy Apple juice
LUNCH	Chicken tenders Potatoe puffs applesauce Milk	Grilled cheese Tomato soup w/ crackers Mandarin oranges Milk	Spaghetti w/ meat sauce Green beans peaches milk	Soft taco Corn pears milk	Pizza Diced cucumber w/ ranch dress Pineapple chunks milk
SNACK	Pizza Goldfish/ milk	Vanilla pudding/ cranberry juice	Cinnamon graham crackers/ milk	Go-girt/apple juice	Oreo cookies/milk



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DATE	Breakfast burrito	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Bagel w/ strawberry creme cheese Banana Milk	Waffles w/ syrup Apple sauce Milk	Oatmeal Toast w/ butter & jelly Grape juice	English muffin w/ butter & jelly Grapes Milk	Cinnamon roll Apple slices Milk
LUNCH	Ham 'n cheese on ww bread Italian wedding soup w/ crackers grapes Milk	Salisbury steak w/ gravy Whipped potatoes applesauce Milk	Italian meatballs Buttered noodles Green beans peaches Milk	Sliced turkey w/ gravy Bread w/ butter Corn pears milk	Chicken marinara Bread w/ butter Peas Pineapple chunks Milk
SNACK	Vanilla wafers Grape juice	Cheese stick Apple juice	Animal crackers milk	Tapioca Cranberry juice	Sugar wafer cookies Grape juice

DATE	Week 5 - Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	French toast dippers w/ syrup peaches Milk				
LUNCH	Beef ravioli Carrots applesauce Milk				
SNACK	Honey teddy grahams Apple juice				

**ADDITIONAL NOTES TO PARENTS INCLUDING SPECIAL ACTIVITIES**